










Autumn Winter Menu 2023/24 – Week One
13 Nov, 04 Dec, 1 Jan, 22 Jan, 12 Feb, 04 Mar, 25 Mar



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Cheese & Tomato Pizza & Wedges	Chicken Tikka Curry & Rice 	Pork Sausage Roll & Wedges	Filled Yorkshire Pudding with Beef & Vegetable Mince & Roast Potatoes	Fish Fingers & Chips
Vegetarian Option Two	Bean & Vegetable Burrito 	Homemade Macaroni Cheese	Cheese & Onion Pastry & Wedges	Filled Yorkshire Pudding with Veggie Mince & Roast Potatoes	Vegetable Pasta Bake 
Vegetables	Mixed Vegetables, Sweetcorn 	Peas, Cauliflower 	Green Beans, Sweetcorn 	Carrots, Seasonal Greens 	Baked Beans, Peas 
Rolls/Wraps/ Baguettes	Cheese Roll	Ham Baguette	Tuna Wrap	Ham Baguette	Cheese Roll
Baked Jacket Potatoes/Pasta	Tomato/ Cheese Pasta	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Tomato /Cheese Pasta	Tomato/Cheese Pasta	Jacket Potato with Tuna Mayonnaise, Cheese, or Beans
Dessert	Apple Sponge Cake 	Oaty Flapjack Finger	Vanilla Sponge & Custard	Vanilla Blondie	Chocolate Shortbread

Available Daily: Pick & Mix & Fresh Fruit

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Autumn Winter Menu 2023/24 – Week Two
23 Oct, 30 Oct, 20 Nov, 11 Dec, 08 Jan, 29 Jan, 19 Feb, 11 Mar, 01 Apr



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Cheese & Tomato Pizza & Wedges 	Beef Pasta Bolognese 	Mexican Chicken & Rice 	Toad in the Hole, Roast Potatoes & Gravy	Fish Fingers & Chips
Vegetarian Option Two	Cheesy Bean Hot Pitta 	Veggie Bolognese Pasta 	Macaroni Cheese	Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy	Cheese & Onion Pastry & Chips
Vegetables	Sweetcorn, Peas 	Green Beans, Carrots 	Mixed Vegetables, Sweetcorn 	Cauliflower, Seasonal Greens 	Baked Beans, Peas
Rolls/Wraps/Baguettes	Cheese Roll	Ham Baguette	Tuna Wrap	Ham Baguette	Cheese Roll
Baked Jacket Potatoes/Pasta	Tomato/Cheese Pasta	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Tomato/Cheese Pasta	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Dessert	Apple & Sultana Crumble Bar 	Homemade Lemon Cake & Custard	Chocolate Cookie	Banana Cake 	Iced Vanilla Sponge

Available Daily: Pick & Mix & Fresh Fruit









Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish
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Autumn Winter Menu 2023/24 – Week Three
 06 Nov, 27 Nov, 18 Dec, 15 Jan, 05 Feb, 26 Feb, 18 Mar, 08 Apr



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Cheese & Tomato Pizza & Wedges	Smoky Barbeque Chicken & Sweetcorn Meatballs & Rice	Beef Mince Chilli & Rice	Roast Chicken, Roast Potatoes & Gravy	Fish Fingers & Chips
Vegetarian Option Two	Quorn Sausage & Bean Pitta 	Vegetable Meatballs, Sauce & Rice	Veggie Chilli & Rice 	Quorn Sausage, Roast Potatoes & Gravy 	Cheese & Onion Pastry & Chips
Vegetables	Sweetcorn, Cauliflower 	Mixed Vegetables, Peas 	Seasonal Greens, Carrots 	Green Beans, Cauliflower 	Baked Beans, Peas 
Rolls/Wraps/ Baguettes	Cheese Roll	Ham Baguette	Tuna Wrap	Ham Baguette	Cheese Roll
Baked Jacket Potatoes /Pasta	Tomato/Cheese Pasta	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Tomato/Cheese Pasta	Tomato/Cheese Pasta	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Dessert	Chocolate Banana Cake	Oaty Flapjack	Homemade Chocolate Sponge & Custard	Citrusy Lemon Drizzle Cake	Shortbread

Available Daily: Pick & Mix & Fruit

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% fruit		Oily fish	
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