

Spring Summer 24 – Week One 15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21

Contains

plant-based

proteins

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Jacket Wedges	Pork Sausages served with Country Diced Potatoes	Creamy Korma Style Chicken Curry served with Rice	Roast Chicken Skin on Roast Potatoes & Gravy	Friday Fish Fingers served with Chips
Vegetarian Main Meal Option	Creamy Vegetable Penne Pasta Carbonara	Veggie Sausage served with Country Diced Potatoes	Cauliflower Cheese & Pasta Bake	Roasted Vegetable & Lentil Loaf with Sticky Ketchup Glaze (Ve)	Cheese Flan Served with Chips
Jacket Potatoes/Pasta Rolls/Baguettes/Wraps	Tomato/Cheese Pasta Cheese Roll	Jacket with Cheese/Beans/Tuna Ham Baguette	Tomato/Cheese Pasta Tuna Wrap	Tomato/Cheese Pasta Ham Baguette	Jacket with Cheese/Beans/Tuna Cheese Roll
Vegetables	Peas Sweetcorn	Baked Beans	Mixed Vegetables	Carrots Cabbage	Baked Beans Peas
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuit	Oat & Raisin Cookie (Ve)	Iced Banana Traybake	Chocolate Ice Cream

Oily fish

CIX

50%

fruit

(50×

4

Available Daily: Pick & Mix & Fresh Fruit

Source of

wholegrain



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Macaroni Cheese	Summer Hot Dog served with Jacket Wedges	Beef Bolognese & Penne Pasta	Roast Chicken Skin on Roast Potatoes & Gravy	Fish Fingers served with Chips
Vegetarian Main Meal Option	Vegetable Enchiladas Ve Served with a portion of Sunny Vegetable Rice	Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Jacket Wedges	Wholemeal Cheese & Tomato Pizza served with Garlic Bread	Home Baked Vegetable Lasagne	Cheese & Onion Puff Pastry Roll Served with Chips
Jacket Potatoes/Pasta Rolls/Baguettes/Wraps	Tomato/Cheese Pasta Cheese Roll	Jacket with Cheese/Beans/Tuna Ham Baguette	Jacket with Cheese/Beans/Tuna Tuna Wrap	Tomato/Cheese Pasta Ham Baguette	Jacket with Cheese/Beans/Tuna Cheese Roll
Vegetables	Peas Sweetcorn	Baked Beans	Mixed Vegetables	Carrots Cauliflower	Baked Beans Peas
Dessert	Ginger & Mandarin Traybake	Strawberry Jelly	Freshly Baked Chocolate Cookie (Ve)	Vanilla Sponge with Sprinkles	Homemade Shortbread Biscuit (Ve)

**Available Daily:** Yoghurt & Fresh Fruit



Source of wholegrain

Contains plant-based proteins

Oily fish Our desserts meet Public Health England's target for 'free sugar' intake for your child.

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Spring Summer 24 – Week Three 29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

Contains

plant-based

proteins

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Tomato Pasta	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Sticky BBQ Chicken & Vegetables served with Noodles	Roast Chicken Skin on Roast Potatoes & Gravy	Friday Fish Fingers served with Chips
Vegetarian Main Meal Option	Mildly Spiced Vegetable Chilli & Rice (Ve)	Macaroni Cheese	Home Baked Vegetable Lasagne	Savoury Vegetable Mince & Gravy served with Skin on Roast Potatoes	Homemade Cheese & Tomato Pizza Whirl & Chips
Jacket Potatoes/Pasta Rolls/Baguettes/Wraps	Cheese/Tomato Pasta Cheese Roll	Jacket with Cheese/Beans/Tuna Ham Baguette	Cheese/Tomato Pasta Tuna Wrap	Cheese/Tomato Pasta Ham Baguette	Jacket with Cheese/Beans/Tuna Cheese Roll
Vegetables	Peas Sweetcorn	Baked Beans	Mixed Vegetables	Carrots Green Beans	Baked Beans Peas
Dessert	Baked Apple Sponge served with Custard	Tutti Frutti Jelly and Mandarins (Ve)	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Oily fish

50%

fruit

(50×

4

**Available Daily:** Fresh Fruit & Yoghurt

Source of

wholegrain



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